



Support and friendship
for families

Home-Start Manchester South

Annual Report and Accounts

Home-Start Manchester South Annual Report and Accounts April 2016 to March 2017



Our vision

To support parents so that they can give their children an excellent start in life and a happy, secure childhood , providing them with the best chance of achieving their full potential.

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Home-Start Manchester South is supported and funded by:

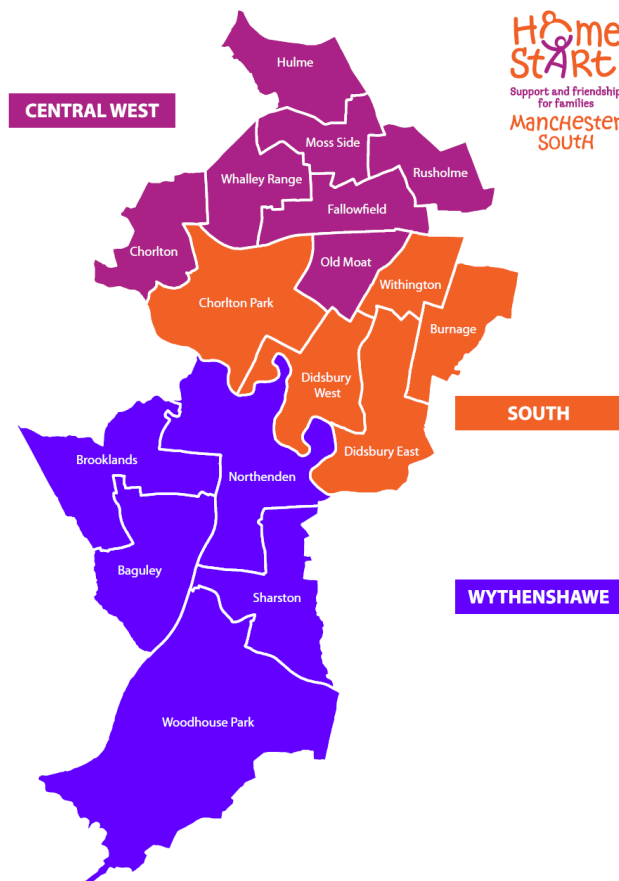


Home-Start Manchester South

Support and Friendship for Families

Home-Start Manchester South is an independent charity which is guided and supported by the national organisation Home-Start UK.

With our office base in Wythenshawe we provide volunteer support to families who have at least one child under 5 in the 17 wards of the Central West, South and Wythenshawe districts of Manchester.



Families often need support for a variety of reasons e.g. mental health issues, disabilities, family breakdown or bereavement, the demands of multiple births / multiple children or feeling socially isolated, and they can come to us for non-judgemental practical and emotional support. Our fully trained volunteers support families in their own home on a weekly basis building trusting relationships with the families to help them through their difficulties and build better and more enriched lives for themselves and their children.

Chair's Report

I start my report for 2016 to 17 with the sad news that one of our Coordinators, Natalie Thomas, died of cancer last February. Natalie had been with us for only ten months but she loved her work with her colleagues and was an example of kindness and bravery to us all. We remember her with great affection.

Once again, our principal funding has been from The Big Lottery Fund, Henry Smith Charity and The Tudor Trust. We also received donations from Amazon and Simply Health which were greatly appreciated, enabling us to offer additional services and support to the families with whom we are working. These included a family Christmas Party with entertainer and visit from Santa, (much enjoyed by the children!) a hamper for all our families and gifts of appreciation for all our volunteers.

Our Trustee Board has remained stable with one resignation from Eleanor Roaf in September 2016.

During this financial year we recruited, supported and trained 43 volunteers. In addition to the 40 hours induction training programme, further comprehensive specialist training was provided for staff, volunteers and trustees including: Connect 5 Mental Health Workshops; Data Protection Refresher Training; Fire Safety Training; Refugee and Asylum Workshop; Introduction to Children's and Parent's Service (CAPS). A number of events were organized for families, highlights of which were our family picnic at the Wythenshawe Games in July 2016 and our focus group on healthy eating in January 2017 which was really well attended.

In total we have received 87 referrals during this financial year and supported 57 families with a total of 128 children. Our dedicated volunteers have provided 965 hours of support given from their own free time; we are forever grateful to them all and couldn't provide the service without them.

Last November we appointed 2 independent consultants in order to help us take forward the recommendations from our Building Capabilities Independent Evaluation funded by the Big Lottery. Progress continues towards the incorporation of Home-Start Manchester North into South so we can streamline our service across The City of Manchester and ensure greater stability for future funding. Work on this will continue until a proposed transfer date of 2 January 2018.

I would like to thank all Staff, Volunteers, Trustees and all those who have supported us in so many ways during this financial year. We are currently in a stable position but your continued support into the future would be much appreciated so that we can sustain the current service we provide.

Here is a quotation from one of families who received support this year as I think it sums up why we are passionate about what we do.

'My volunteer (and also the staff who came to visit) were able to lend a hand, made me feel I could cope and not that I was alone, drowning..... I think this is a great service which provides wonderful volunteers to parents and family in times of need – thinking of the support I don't want it to end but I am very grateful.'

I end my report with an extract from Libby Purves' recent article.

"Educating and encouraging unsure or depressed parents should be a priority and yes, there are ways of doing it.....the remarkable Home-Start does exactly this with tactful, experienced, friendly volunteers, yet their local authority funding is being savagely cut— Google "Home-Start cuts" and watch the English counties unroll before you."



Mary Mallick
Chair of Trustees

Who's who at Home-Start Manchester South?

Trustees

Mary Mallick (Chair)
 Joanne Harvey (Treasurer)
 Emily Williams
 Eleanor Roaf
 Kay Welsh
 Ian Rush
 Cllr Tracey Rawlins (Advisor)
 Maxine Nightingale (Patron)

Staff

Jane Dewar (Scheme Manager)
 Jeanette Flood (Coordinator)
 Amanda Friedland (Coordinator)
 Natalie Thomas (Coordinator)
 Julie Nowell (Admin and Finance)
 Louise Cadman (Rapid Response Worker)
 Katie Hault (Volunteer Recruitment Coordinator)

Volunteers

Eleanor	Tracy
Vicky	Ilona
Carlie	Pauline
Victoria	Barbara
Deborah	Jayne
Lisa	Harriet
Elham	Jacinth
Beccy	Hina
Carrie	Stephanie
Mary	Andrea
Exbia	Katy
Jamielee	Kirsty
Colette	Madeline
Sam	Aneta
Hannah	Julie
Lorna	Chantelle
Ros	Mandy
Stephanie	Sana
Kath	Sue
Laura	

Support

Arndale Centre Manchester
 Big Lottery
 Conveve IT
 Daniel Nowell
 Henry Smith Charity
 Home-Start UK
 Manchester Metropolitan University
 Sir Netar Mallick
 Tudor Trust
 University of Salford

Statistical Information – April 2015 to March 2016

We are funded to offer a service to all families across South Manchester with at least one child under 5. Below is a breakdown of statistical information to give you a picture of the activity of the scheme between 1 April 2016 and 31 March 2017.

Referrals	Total	Volunteers	
No. of new referrals	87	No. of new volunteers	26
- Health Visitor	59	No. of volunteers leaving	20
- Social Services	5	- Employment / education	9
- Other Health	1	- Personal Commitments	7
- School	6	- Unable to contact	1
- Self-Referral	1	- End of placement	3
- Other community org.	15	Total No. of volunteers	42
Families Supported		Volunteer Support	
No. support offered this period	57	No. of volunteer visits to families	448
No. of children supported	128	No. of volunteer hours	965
Ethnicity of Families Referred		Ethnicity of volunteers	
Other Ethnicities	50	White British	28
- Pakistani	11	Other Ethnicities	14
- Other Ethnic	8	- Mixed Race	1
- Black/ African / Caribbean	8	- African	4
- Asian	9	- Caribbean	2
- Mixed Race	1	- Asian	4
- Indian	5	- Other Ethnic	2
- Chinese	2	- Chinese	1
- Other white	6		
White British	37		

Outcomes

We have a strategic and operational plan in place which outlines our aims and objectives for the year as dictated by our funding contracts. This plan is reviewed and updated regularly throughout the year.

We also closely monitor the progress of the families we are supporting and at our initial visit following referral; a family coordinator undertakes an assessment in which families score their level of coping (0-5) across the areas of need below. The process is reviewed every 12 weeks until support ends. An ending visit records the family's final level of coping and indicates whether the areas of need identified have been met, partially met or not met.

We received 87 referrals during this financial year and recruited, supported and trained 42 volunteers. Below are the outcomes for the families we supported.

	Total families who expressed as a need at Initial Visit	Improvement Evidenced (Fully or Partially met)
Managing children's behaviour	53%	81%
Being involved in children's development & learning	67%	91%
Coping with physical health	47%	87%
Coping with mental health	76%	87%
Coping with feeling isolated	76%	82%
Parents self esteem	63%	90%
Coping with child's physical health	47%	87%
Coping with child's mental health	22%	82%
Managing the household budget	45%	86%
The day to day running of the home	69%	85%
Stress caused by conflict in the family	35%	94%
Coping with extra work of multiple children < 5	55%	88%
Use of services	41%	85%

Progress is also monitored through the use of weekly diary sheets completed by the volunteer and submitted to the office. These capture the time spent with the family along with details of the activities carried out. For the period 1 April 2016 to 31 March 2017 volunteers carried out visits to families totalling 965 hours.

We aim to support as many families as possible throughout the year; however, this is determined by the number of volunteers we have available to offer support. On this basis we continue to accept referrals but instigate a waiting list system. As of 31 March 2017 our waiting list for volunteer support was 16 weeks.

Our Eventful Year

April 2016

Healthy Eating course at The Bridge

Volunteer Course of Preparation

June 2016 at The Bridge, Wythenshawe

May 2016

Prevent Training for Volunteers at The Bridge

May 2016

Domestic Abuse Awareness training at The Bridge

July 2016

Family Picnic at the Wythenshawe Games

July 2016

Child Development and Neglect training delivered by Carol Craig CP nurse

July 2016

Sexual Health and Contraception training at The Bridge

July 2016

School Readiness training delivered jointly with Home-Start Manchester North

November 2016

Mental Health Awareness training delivered by Connect 5

September 2016

Volunteer Course of Preparation

Dec 2016

Family Christmas Party – with Visit from Santa!



Accounts and Financial Information

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2017

	2017	2016
Income		
Big Lottery Fund	100,475	107,811
The Tudor Trust	41,000	49,000
The Henry Smith Charity	33,700	33,000
The Zochonis Charitable Trust	-	20,000
Manchester City Council (TP Project)	-	15,000
Arndale Centre Manchester	-	1,500
Sir Netar and Lady Mary Mallick	500	500
Manchester Metropolitan University	1,260	1,260
John Thomas Kennedy Foundation	-	1,000
University of Salford	630	630
Convener IT	-	100
Other donation	3,000	3,000
Bank Interest	85	52
Amazon	2,062	-
Greater Manchester Home-Start	1,562	-
Simply Health	4,100	-
TOTAL	188,374	230,904
Expenditure		
Employment costs	138,457	118,784
Family events	2,198	589
Consultancy	11,753	8,103
Volunteer Expenses	2,375	2,214
Volunteers training costs	2,227	1,825
Staff training	-	
Publicity	170	
Interpreters	533	260
Sundry	103	222
Joint Teenage Parent Project with HSMN	-	7,500
Payroll bureau charges	568	446
Stationery & Photocopying	6,425	4,505
Telephone & Internet	1,193	1,489
IT Support Costs	402	2,672
Postage	464	556
Rent	10,117	7,338
Insurance	919	776
Management Committee training	-	75
AGM expenses	153	130
Trustee expenses	224	254
	178,281	157,738

Contact Information



If you would like any further information about any of the following please do not hesitate to contact us:

Volunteering Opportunities

Becoming a Trustee

Making a Referral for volunteer support

Making a donation

Home-Start Manchester South

The Bridge

59 Gladeside Road

Wythenshawe

Manchester

M22 9QY

Tel: 0161 945 6832

E-mail: admin@homestartsouthmcr.org.uk

Website: www.homestartinmanchester.org.uk

You can also follow us on Facebook and Twitter