



Support and friendship
for families

Home-Start Manchester South

Annual Report and Accounts

Home-Start Manchester South Annual Report and Accounts April 2014 to March 2015



Our vision

To support parents so that they can give their children an excellent start in life and a happy, secure childhood, providing them with the best chance of achieving their full potential.

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Home-Start Manchester South is supported and funded by:

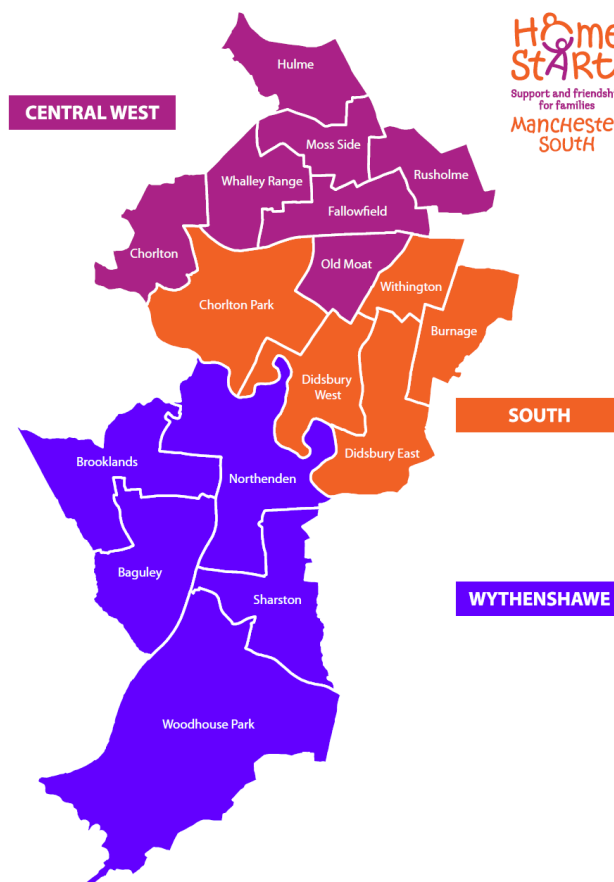


Home-Start Manchester South

Support and Friendship for Families

Home-Start Manchester South is an independent charity which is guided and supported by the national organisation Home-Start UK.

Based in Wythenshawe we provide volunteer support to families who have at least one child under 5 in the 17 wards of the Central West, South and Wythenshawe districts of Manchester.



Families often need support for a variety of reasons e.g. mental health issues, disabilities, family breakdown or bereavement, the demands of multiple births / multiple children or feeling socially isolated, and they can come to us for non-judgemental practical and emotional support. Our fully trained volunteers support families in their own home on a weekly basis building trusting relationships with the families to help them through their difficulties and build better and more enriched lives for themselves and their children.

Chair's Report

This has been another exceptionally busy year for Home-Start Manchester South. We continued to receive grant funding from; Big Lottery, Henry Smith and Lloyds Bank and received some funding from Manchester City Council for a Teenage Parent Pilot and Home-Start UK (DofE) for the Big Hopes Big Future School Readiness Pilot.

This is the first complete year that the present staff team has been in place. Two of our Trustees, Paul Butterworth as Treasurer and Karen Bradley as Volunteer representative both resigned owing to work commitments. Both made invaluable contributions. We welcomed three new Trustees, Eleanor Roaf in April 2014; Kay Welsh and Ian Rush in July 2014.

Once again, we moved premises. The Enterprise Centre had been a useful temporary home, but for over a year we had been planning to move to The Bridge, next to Haveley Hey Primary School. We finally moved in June 2014.

During this financial year 18 additional volunteers have joined our team and been supported by our excellent staff. In addition to their training programme, further comprehensive specialist training was provided for staff, volunteers and trustees. Training was held at various venues in order to attract more volunteers. A number of events were organized for families, highlights of which were the family trip to Wellybobs Farm in the Summer and a visit from Father Christmas to our family Christmas Party.

The School Readiness programme has continued and there has been support for teenage parents as well as the regular family support. In total we supported 75 families, 12 Teenage Parents and 17 School Readiness families.

New funding applications took priority this year as our Big Lottery, Henry Smith and Lloyds Bank grants were coming to an end at various stages throughout 2015.

The Manchester Metropolitan University (MMU) research 'The Spice of Life' was finally completed in November when it was launched in the new Birley Building. The event was well attended and we were also pleased to welcome Rob Parkinson, CEO of Home-Start UK. We also undertook an Independent Evaluation of our 'Reaching Communities' project funded by the Big Lottery which outlines the great success of the project and has some recommendations for the future. Further details of the research and evaluation can be found in this booklet.

Thank you to all Staff, students, volunteers and all those who have supported us in so many ways during the year.

'We know that family support in the early years of a child's life narrows the attainment gap, builds emotional resilience and sets a strong foundation to reduce health and life inequalities.' The Family Commission

Mary Mallick
Chair of Trustees

Who's who at Home-Start Manchester South?

Trustees

Mary Mallick (Chair)
 Maxine Nightingale
 Joanne Harvey (Treasurer)
 Emily Williams
 Eleanor Roaf
 Kay Welsh
 Ian Rush
 Cllr Tracey Rawlins (Advisor)

Support

Big Lottery
 Henry Smith Charity
 Lloyds Bank
 Home-Start UK
 Cooperative Community Fund
 Claire Spencer
 Mary Mallick
 MMU
 Pam Foy
 The Bridgewater Hall
 Paul Butterworth
 M3 Housing
 South Manchester U3A
 Carol Blishen
 Paul Griffiths
 Juliet Court
 Carol Craig
 Cathy Chapman
 Matthew Smith
 LMCP Care Link
 Daniel Nowell
 Julie Hesmondhalgh
 St Mary's Primary – Moss Side
 Louise Marshall
 Deb Riley
 Donna Roney
 Heather Keeley
 Vanda Wellock
 City South Manchester Housing
 Independent Choices
 Bespoke Services
 Calum Langan

Volunteers

| | |
|-----------|-----------|
| Kath | Victoria |
| Dorothy | Tracy |
| Ann | Sue |
| Eleanor M | Eleanor H |
| Simone | Laura |
| Stephanie | Rasha |
| Michelle | Keeley |
| Katie H | Charla |
| Flavienne | Mary |
| Zoya | Asma |
| Jackie | Jade |
| Safiya | Karen W |
| Donna | Pauline |
| Rachel | Karen B |
| Norma | Katarzyna |
| Rita | Sarah |
| Louise | Helen |
| Claire | Linda |
| Kay | Katie B |
| Nisreen | Shahbana |

Staff

Jane Dewar (Scheme Manager)
 Patsy Oultram (Coordinator)
 Jeanette Flood (Coordinator)
 Amanda Friedland (Coordinator)
 Julie Nowell (Administrator)

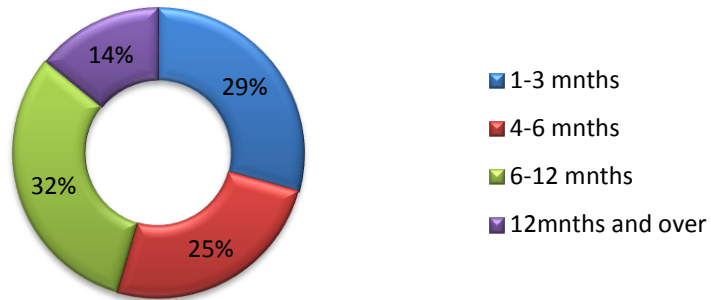
Statistical Information – April 2014 to March 2015

We are funded to offer a service to all families across South Manchester with at least one child under 5. Our Big Lottery funding is specifically aimed at improving the health and well-being of children and families from BME communities and to increase the number of active BME volunteers.

Below is a breakdown of statistical information to give you a picture of the scheme between 1 April 2014 and 31 March 2015.

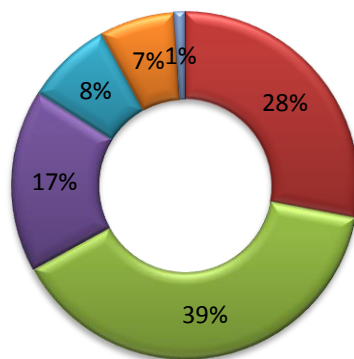
| Referrals | Total | Volunteers | |
|---------------------------------------|--------------|-------------------------------------|-------------|
| No. of new referrals | 88 | No. of new volunteers | 18 |
| - Health Visitor | 66 | No. of volunteers leaving | 12 |
| - Social Services | 5 | - Employment / education | 6 |
| - Other Health | 5 | - Personal Commitments | 2 |
| - School | 4 | - Unable to contact | 2 |
| - Children's Centres | 3 | - Maternity | 1 |
| - Other community org. | 3 | - End of placement | 1 |
| - Mental Health Services | 1 | Total No. of volunteers | 40 |
| - Self-Referral | 1 | | |
| | | | |
| Families Supported | | Volunteer Support | |
| No. support offered this period | 75 | No. of volunteer visits to families | 622 |
| No. of children under 5 supported | 133 | No. of volunteer hours | 1427 |
| No. of children over 5 supported | 40 | Support & Supervision Hours | 232 |
| | | | |
| Ethnicity of Families Referred | | Ethnicity of volunteers | |
| Other Ethnicities | 36 | White British | 28 |
| - Pakistani | 14 | Other Ethnicities | 12 |
| - Other Ethnic | 9 | - Mixed Race | 5 |
| - Black/ African / Caribbean | 6 | - African | 3 |
| - Asian | 6 | - Irish | 2 |
| - Mixed Race | 1 | - Asian | 2 |
| White British | 52 | | |

Length of Time Families Supported



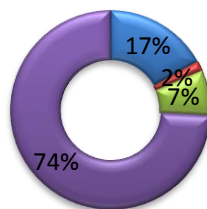
Number of Children per Family

1 child 2 children 3 children 4 children 5 children 6 children



No. of Children on Child Assessment Framework (CAF), Child Protection or Child in Need

CAF CIN CP None



Our Eventful Year



Stay and Play Family Group – April 2014

‘Home-Start Support has enabled me to grow in confidence as a parent of twins and to be able to access activities in the community.’

Volunteer Course of Preparation

Feb 2014 at the Enterprise Centre and

May 2014 at City South Manchester Housing



May 2014

Domestic Abuse Awareness Training
delivered by Independent Choices

‘It was absolutely useful.’

May 2014

Supporting Teenage Parents Workshop
delivered by Louise Marshall, Teenage
Parent Programme Manager; Deb Riley,
Connexions Manager; Heather Keeley,
Vulnerable Baby Service; Donna Roney,
Teenage Parent Midwife; Vanda Wellock,
Family Nurse Partnership

May 2014

School Readiness Training

July 2014

School Readiness Peer Support Group

Volunteer Celebration Event

July 2014

Child Development and Neglect Training
delivered by Carol Craig

‘It has boosted ideas about how to
support the family I work with, they have
twins.’

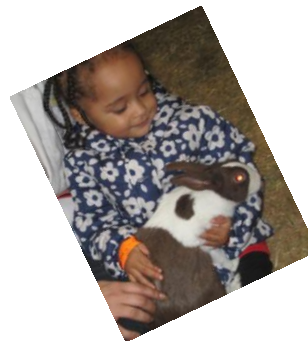


August 2014

Family Trip To Wellybobs Farm

'I really enjoyed feeding the cows and sheep and looking at the ducks'

Lewis age 5



Nov 2014

Refugee Awareness Training delivered by Refugee Action

'I learnt a lot – I didn't even know the difference between a refugee and asylum seeker'

Nov 2014

School Readiness Training

Dec 2014

Family Christmas Party – with Visit from Santa!

Dec 2014

Children with Disabilities Training delivered by Juliet Court - Consultant Paediatrician

'Very, very informative session'



Jan 2015

Volunteer Course of Preparation at - The Bridge, Wythenshawe

Jan 2015

Cultural Awareness Training delivered by LMCP Care Link

' Very insightful course and well delivered'



March 2015

Safeguarding Workshop 'Through The Eyes of a Child' delivered by Kay Welsh and Ian Rush

'it was all very informative and concise, relaxed enough to ask questions'

Followed by volunteer celebration lunch and guest celebrity Julie Hesmondalgh

MMU Research

The research was funded by Manchester Metropolitan University (MMU) and was to evaluate the work of Home-Start Manchester South for the year 2013 / 2014. The research team interviewed volunteers, trustees and families through focus groups, one to one sessions and through an evaluation questionnaire between April 2013 and July 2014. The findings were published in a report titled 'The Spice of Life' at an event held at the new MMU Birley building in November 2014.

The key findings were:

- The organisation provides a high level of support and (service users) wanted the service to continue to provide 'more of the same'
- Volunteers are trained to a high level and are committed to the values of the organisation
- Health Visitors are the main referrers to the service and highly commend the support provided by the organisation
- The number of Black and Minority Ethnic (BME) families being supported or awaiting a match with a volunteer has increased.

For a full copy of the report 'The Spice of Life' please contact the Home-Start office.

Independent Evaluation

An independent consultant, Pam Foy undertook an evaluation of our Reaching Communities Project in January 2015.

The key findings were:

- Families value highly the support they receive from volunteers; the combination of practical help and emotional support delivered by a non-judgmental volunteer gives them the freedom to be honest about their needs
 - The long term open-ended support from one volunteer promotes effective relationship building
 - Volunteers feel equipped to work with families, well supported, valued and integrated into the team
- Referral agencies value the service highly, viewing it as providing an important service that is not provided by any other agency
- Referrers report positively on the referral process and information sharing processes
- Staff have raised the profile of the project amongst BAME communities in Central West increasing the numbers of BAME families and volunteers.

Accounts and Financial Information

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2015

| | 2015 | 2014 |
|---------------------------------|----------------|----------------|
| Income | | |
| Grants | | |
| Big Lottery | 72,675 | 85,086 |
| Henry Smith | 37,900 | 37,100 |
| MCC (Teenage Parent Pilot) | 15,000 | - |
| Lloyds Bank | 10,800 | 10,600 |
| BHBF (School Readiness Project) | 6,305 | 4,723 |
| Cooperative | 1,850 | - |
| Parkway Green | - | 1,500 |
| MMU | 3,500 | 2,800 |
| Donations | 3,116 | 7,201 |
| The Equity Foundation | 250 | - |
| Bank Interest | 41 | 44 |
| TOTAL | 151,437 | 149,054 |
| Expenditure | | |
| Employment Costs | 110,920 | 106,165 |
| Recruitment | - | 7,632 |
| Family events | 836 | 341 |
| Consultancy | 5,373 | 1,591 |
| Volunteer Expenses | 1,870 | 1,344 |
| Refreshments | - | 76 |
| Volunteers training costs | 3,548 | 2,990 |
| Travel Expenses | - | 152 |
| Staff Training | 514 | 1,005 |
| Publicity | 173 | 807 |
| Interpreters | 205 | 246 |
| Sundry | 153 | 478 |
| Payroll bureau charges | 580 | 48 |
| Stationery & Photocopying | 4,186 | 6,048 |
| Telephone & Internet | 1,987 | 543 |
| IT Support Costs | 4,666 | - |
| Postage | 554 | 414 |
| Rent | 6,570 | 7,909 |
| Insurance | 593 | 481 |
| Management Committee Training | - | 75 |
| AGM Expenses | 87 | 527 |
| Trustee Expenses | 452 | 322 |
| TOTAL | 143,267 | 139,194 |
| Surplus for the year | 8,170 | 9,860 |

Contacts

If you would like any further information about any of the following please do not hesitate to contact us:

Volunteering Opportunities

Becoming a Trustee

Making a Referral for volunteer support

Making a donation

Home-Start Manchester South
The Bridge
59 Gladeside Road
Wythenshawe
Manchester
M22 9QY

Tel: 0161 945 6832

E-mail: admin@homestartsouthmcr.org.uk

Website: home-startmanchestersouth.org.uk

You can also follow us on Twitter @GMHomeStarts